

大規模災害に係る防災訓練



令和7年10月28日(火)11:30~

学生・教職員全員参加です!! (病院・加納地区は除く)

目的・内容

「震度6弱」の地震発生を想定し、以下の行動を実際に行うことで、学生・教職員全員の防災意識の高揚を図ります。

①緊急地震速報後の安全確保行動

地震の揺れから身を守るために、「自らの身は自らで守る」という『自助』の考え方に基づいて行動します。これが皆で助け合う『共助』の活動に結びつきます。

安全行動の1-2-3(ShakeOut): 訓練は、緊急地震速報から20秒後に地震の揺れ(震度6弱)が始まり、しばらくの間、強い揺れが続く想定です。その間、**安全確保行動**を続けます。



まず低く、頭を守り、動かない



②一次避難場所への一斉避難訓練

訓練では、地震により火災が発生するので、避難誘導放送に従って**一次避難場所へ避難**します。避難前に電気・ガス等を切ります。一次避難場所では、**避難者の総数を確認**しますのでご協力をお願いします。

⚠ 訓練参加前に、必ず事前研修を受講し、避難する一次避難場所を確認してください。

③安否確認メールへの返信

一次避難場所へ避難後、**安否確認メールへ返信**します。安否確認システムを利用できない場合は、学生証・職員証のカードリーダーへの読み込みまたは安否報告カードの記載にて報告します。



Large-Scale Disaster Drill



October 28, 2025 (Tuesday), 11:30–

All students, faculty, and staff are required to participate!
(Excluding the University Hospital and Kano areas)

Purpose & Content

Assuming that an intensity of lower 6 earthquake hits, we will conduct the following drills to raise disaster preparedness.

1. Safety Actions after Earthquake Early Warning was Issued

To protect ourselves, we need to act on the principle, 'self-help.' This can lead to 'mutual help' where everyone supports each other.

In the following 'ShakeOut' drill, please confirm your own 'self-help' actions through safety procedures.

ShakeOut Safety Actions (1-2-3):

This drill assumes that a strong tremor (intensity of lower 6) begins 20 seconds after an earthquake early warning was issued and continues for a few seconds. Please continue taking **safety actions** throughout this period.



1. Get down on your knees,
2. Protect your head, and
3. Stay put.

2. Evacuation to the Primary Evacuation Site

In this drill, it is assumed that the earthquake caused a fire. Please evacuate to the designated **primary evacuation site**, following an evacuation broadcast. Turn off electricity and gas before evacuation. At the evacuation site, we will first confirm **the total number of evacuees**.

△Please confirm the primary evacuation site by viewing the training video before joining the training.

3. Reply to the Safety Confirmation Email

After evacuating to the evacuation site, please **reply to the safety confirmation email**.

If you cannot use the Safety Confirmation System (AMPIC), please report your status using a card reader or submit a safety report card.

